



# IRIS YISKAH SARG

## ACTOR

[www.irisysiskahsarg.com](http://www.irisysiskahsarg.com)

<https://irisysiskahsarg.com/en/project/showreel-2/>

[irissarg@yahoo.fr](mailto:irissarg@yahoo.fr)

**Based in :**

FRANCE (PARIS) & ISRAËL (TEL AVIV)

Born on September 30, 1979

**Car driving license**

**NATIONALITIES:** FRENCH & ISRAELI

**LANGUAGES:** French (Native), English (Fluent), Hebrew (Basic)

**HEIGHT:** 172CM/ 5'8" **WEIGHT:** 57 kg/125 lbs

**BUST:** 85CM/ 33.5" **B WAIST:** 69 CM/ 27" **HIPS:** 85CM/ 33.5" **SHOES:** 40 EU/ 9 US/ 7UK

**CLOTHING SIZE:** 36/ S or XS **HAIR:** Blond Long Straight **EYES:** Blue-Gray

## EDUCATION

2002-2014 **ACTORS STUDIO** directed by **Jack Waltzer**, Paris.

2002 Workshop « Acting facing camera » directed by Christophe Loizillon (Director).

2000-2003 **Cours Florent** - Acting School , Paris.

2000 Theater Workshop directed by Michèle Harfaut (**Cours Florent**).

2000-2001 Theater and Cinema Workshop directed by Fanny Vallon, Paris.

1998-2000 Drama and Improvisation classes at « Théâtre de la Parole » directed by Arsène Richeux + at the University of Modern Literature, Montpellier (France).

## ROLES

### PRODUCTIONS/DIRECTORS:

Entre tes Mains	Film	Claire Desplat
Blood Dust	Film	Antonio Da Silva & Logan Boubady
Lovers	Film	Manu Raoufi & Michael Duarte
Du jour au lendemain	Film	TF1 Films Production-Canal+ / Philippe Le Guay
Aïcha	TV Movie	TV Channel «France 2» / Yamina Benguigui
Adultère	Short Film	Willy Thamas
La bible ne fait pas le moine	Short Film	Willy Thamas
Spirit	Short Film	Gabriel Corbion
Angels	Short Film	Antonio Da Silva
L'Epervier chantera à 15h	Short Film	Dir. Quebec French /Alex Brien Henniaux & Véronique Parenteau

La Coupure d'eau	Short Film	Florence Bresson
Séparations	Short Film	Gérald Morales
LCL Bank with Gad Elmaleh	Commercial	Patrice Leconte
DIOR with Jude Law	Commercial	Première Heure Production / GUY RITCHIE
Nescafé « Sleepless »	Commercial	Fulldawa Production / Gaël Cabouat
« Lady Speed Stick » Body Double of Anna Kournikova	Commercial	Katsina Young & Rubicam Production / Jean-Claude Aumont
Sony Ericsson «Tennis Roof»	Commercial	Tom Hooper
Ford	Commercial	Cyril de Plater
Bouygues Telecom «Le Voyage »	Commercial	Stylewar
Company Safety Bus« Motivation dirigeants Formation »	Corporate Film	Antoine Elizabé
Cervarix « Lea et Iris » -Prevention against Cancer	Corporate Film	Denis Harnois
« Sismo Fitness » with Vincent LaTorre	Corporate Film	Thierry Redler
Engrenages	TV Series	Son & Lumière - Channel Canal + / Pascal Chaumeil
Le love Bar with Gil Alma	TV Series	Fred Journet & Olivier Abid - Channel Paris Première
I believe in you - David Coroner	Music Video	Antonio Da Silva & Logan Boubady
Running & Crawling	Music Video	Aurélien Simon
Vigilant	TV Series	Albert Fautré
La Méthode Cauet - Live Sketch with Cartman	TV Show	TV Channel «TF1», France
Hot House (Pinter)	Theater	Marais' Theater / Laurent Montel (From « La Comédie Française »-Paris)
La Tête des autres (Marcel Aymé)	Theater	Marais' Theater / Laurent Montel (from « La Comédie Française »-Paris)

## GENERAL SKILLS / MORE INFORMATIONS

- **2018-2024 Represented in Israël (Tel Aviv)** by the Talents Agency: « HH Models & Actors Management ».
- **Represented in France (Paris)** by the Talents Agencies: Di, Smith&Smith, Céline, Emily Models.
- **Very Sporty & Professional Sports Coach** qualified in 2008 (BPJEPS AGFF Sport Diploma in Paris, France). Specialization : Fitness, Soft Gym (Pilates, Yoga, Tai-chi, Qi Gong), « Les Mills International » Concepts (Body Combat, Body Balance, CX Worx, Body Pump), and Personal Training.
- **2014** Trained and certified in « Strala Yoga » (a successful Yoga Concept) by its inventor Tara Stiles (Yoga Instructor in New York and International Reebok's Ambassador).
- **2015** Strala Yoga **Ambassador** for the Brand « **REEBOK** ».
- **2013-2023 In the media** as Sports Coach :

Sports Coach in the TV Show « *Teleshopping* », TV Channel TF1 (live broadcast - France National TV) + Sport report & live reporting for : Marie Claire Magazine and MCS Bien-être, the TV Show « *C'est au Programme* » (TV Channel «France 2» - France National TV).

Interviews & sport articles for the magazines and websites:

Santé Magazine, Marie Claire, SFME (WSP Global Group-Dubaï Magazine), Vanity Fair Magazine, Pure Trend, Paris Capitale, Vivre Paris, Télé 7 Jours, Paulette Magazine, W Hotel Paris Opéra, Nutrétatif, My Fitness le site, Bien-être et Paillettes, Stay Tuned For Food.

- **2014-2019** Sports Coach for various Sports Events for : Egeritour, Metropolitan Models Agency, Reebok Sports Club, Reebok, Club Med Gym Sports Club, the City Hall of Paris, Charlety Stadium (Paris), Tara Stiles, The « *International Exhibition of Body Fitness* » in Paris, W Hotels Worldwide Paris for journalists and bloggers, Adidas & Reebok Seminar, the TV Sports' Channel MCS Bien-Etre.
- **Other sports** : Modern-Jazz Dance, running, swimming, Ferrari driving lessons.
- **1998** Obtained **A-levels (High School diploma)** in STT Communications.